

Natasha, Nick and Luca

Hi everyone!

For those of you who don't know, our baby boy Luca was born last Tuesday, 16 September at around 10 a.m. weighing nearly 3.2 kg (7 lbs 1 oz). Some pics of the end result are attached!

It was a long labour for me (around 34 hours from the time I woke with contractions at midnight on Sunday night), and after not progressing for quite a few hours a C-section was on the cards, but in the end I was able to have a natural birth, which I was really happy about.

Of course since the birth it's been full on, and sleep deprivation is par for the course with a newborn, but luckily I've been able to get a lot more rest since coming home from hospital so suddenly things seem much easier to cope with. I seem to have been blessed with a baby who eats and sleeps like his dad, at least for the time being, so I am making the most of it. However I am expecting it to change any day as everyone who's had a baby says just when you think you've got it sorted it all goes out the window!

Thank you to everyone for their thoughts, phone calls and gifts, it's been very overwhelming. And to those I haven't managed to contact so far, it hasn't been intentional and I hope this email gets you up to speed! We hope to catch up with everyone soon.

Ciao for now,
Natasha, Nick and Luca



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